

TRAINING Friday Feb 10

16.00 Pick-up at hotel 4pm (for those who registered for transport)

17.00-19.00 Training

19.30 Pick-up at Swimming venue (for those who registered for transport)

COACH MEETING Friday Feb 10

20.00 Scandic St Jörgen, Stora Nygatan 35

PASS 1 Saturday Feb 11, warm-up 07.45, Start 09.00

1. F 50m freestyle FIFH-CUP S1-S14

2. M 50m freestyle FIFH-CUP S1-S14

3. F 25m butterfly K1-K4

4. M 25m butterfly K1-K4

5. F 200m freestyle S1-S5 S14, DS, Ö

6. M 200m freestyle S1-S5 S14, DS, Ö

7. F 400m freestyle S6-S14, DS, Ö

8. M 400m freestyle S6-S14, DS, Ö

PASS 2 Saturday Feb 11, warm-up 14.00, Start 15.00

F FIFH-CUP Final

M FIFH-CUP final

9. F 25m backstroke K1-K4,

10. M 25m backstroke K1-K4,

11. F 150/200m Medley SM1-SM4/SM5-SM14, DS, Ö

12. M 150/200m Medley SM1-SM4/SM5-SM14, DS, Ö

13. F 25m breaststroke K1-K4

14. M 25m breaststroke K1-K4

15. F 50m butterfly S1-S14, DS, Ö

16. M 50m butterfly S1-S14, DS, Ö

17. M/F 4*50 medley Mixed Team

PASS 3 Sunday 12 Feb 12, warm-up 7.45 Start 09.00

18. F 50m breaststroke S1-S5, DS, Ö

19. M 50m breaststroke S1-S5, DS, Ö

20. F 50m breaststroke K1-K4

21. M 50m breaststroke K1-K4

22. F 100m backstroke S1-S14, DS, Ö

23. M 100m backstroke S1-S14, DS, Ö

24. F 25m freestyle K1-K4

25. M 25m freestyle K1-K4

26. M/F 4*50m freestyle Mixed Team

PASS 4 Sunday Feb 12, warm-up 14.00, start 15.00, session finished around 17.30

27. F 100m Bröstsims S6-S14, DS, Ö

28. M 100m Bröstsims S6-S14, DS, Ö

29. F 50m Frisim K1-K4, Ds

30. M 50m Frisim K1-K4, DS

31. F 100m Frisim S1-S14,DS, Ö

- 32. M 100m Frisim S1-S14, DS, Ö
- 33. F 50m Ryggsim K1-K4, DS
- 34. M 50m Ryggsim k1-K4, DS

F = Female M = Male

Classes (for physical, visual and intellectual disabled)

S1-S14

SB1-SB14

DS= Down Syndrom

Ö= Neuropsychiatric disabilities born 1995 or earlier

Classes K1-K4 youths born 1996 or later and equals as following:

K1= S9-S10, S11-S13, S14

K2= S6-S8

K3= S1-S5

K4= Neuropsychiatric disabilities